

# Adoption Trauma and Attachment Injury: Skills For Healing and Repair

**February 23**

**Presented by Kristen Santel, LISW-S**

**Hosted by COFAF**

9:30am- 4:30pm (includes 1 hr lunch)

Parsons Library, 1113 Parsons Avenue



Coalition Of Adoptive Families  
(COFAF)



**Kristen Santel** is a Licensed Independent Social Worker Supervisor (LISW-S). She is a Level II EMDR trained psychotherapist through EMDRIA with much advanced and master class training in somatic psychotherapy and reparative attachment, is a Certified Hypnotherapist with American Society of Clinical Hypnosis, and is a Certified Trauma Practitioner with the National Institute for Trauma and Loss in Children. Kristen is an adult adoptee and specializes in adoption related challenges, specifically disrupted and reparative attachment and developmental trauma. She has served as the Clinical Director of Camp Lionheart for 13 years, currently runs two counseling private practices in Grandview, and frequently provides psychoeducation at conferences, schools and symposiums.

## **Workshop Summary:**

Participants of this training will spend the morning exploring how adoption relates to trauma, and gain insight and education in the areas of complex and developmental trauma, as well as attachment theory and injury. In the afternoon participants will gain knowledge on activities and interventions regarding how to help those affected by adoption and attachment trauma, and to increase effective coping skills to help repair attachment and facilitate ongoing healing.

Ohio Assessors: You may use this workshop on adoption trauma as your post-Tier training requirement.

Cost- \$30 individual, \$50 per couple

## Objectives:

1. Participants will develop a working theoretical knowledge of complex trauma, developmental trauma and the physiological and psychological effects on adoptees as related to children, teens and family systems.
2. Participants will develop a working theoretical knowledge of attachment, attachment disruption, reparative attachment, and the neurobiology of shame in adoptees as related to children, teens and family systems.
3. Participants will be able to demonstrate effective interventions to use with children, teens and family systems suffering with complex and developmental trauma and attachment disruption in adoption related difficulties.

No pre registration necessary.