

Shame in Adoption and Attachment Trauma

Zoom Webinar

Presented by Kristen Santel, LISW-S

Sponsored by COFAF

This two-hour presentation provides attendees with education and insight into the neurobiology of adoption and attachment trauma, effects on the development of self, how chronic shame presents in the brain and body, and effects on both the internal and external attachment systems. Attendees will gain education and insight into how attachment and adoption trauma affects neurobiology, ways to repair and rebuild secure attachment and integration, and continue moving in the direction of brain health, attunement, and felt safety while existing in both the internal and external worlds.

Kristen Santel, LISW-S specializes in working with adults, children and teens managing complex and developmental trauma, PTSD, traumatic grief, attachment challenges, relationship issues and dissociative disorders. She has extensive experience working with military, first responders and recent traumatic events. As an adoptee herself, she specializes in working with the adoption and foster care community, child and adult adoptees, and reparative/developmental attachment in both childhood and into adulthood.

Kristen is also a Level II EMDR Psychotherapist with Advanced and Master Class Training in Attachment and Somatic Psychotherapy (Eye Movement Desensitization and Reprocessing), certified hypnotherapist with American Society of Clinical Hypnotherapy, and a Certified Trauma Practitioner with the National Institute for Trauma and Loss in Children, as well as being trained in TF-CBT, CISM, and extensive training in IPNB (Interpersonal Neurobiology) and several other therapeutic modalities focusing on somatic psychotherapy and attachment. She uses a collaborative, integrative approach informed by Ego State and Internal Family Systems Therapy, with a strong emphasis on Interpersonal Neurobiology to assist clients in helping them feel well supported and educated.

Kristen presents psycho-education at many conferences and symposiums in the state of Ohio and other areas of the country, as well as support school districts in education on trauma and traumatic grief. She is the Clinical Director of Camp Lionheart, a free, week-long overnight summer camp for grieving children, here in Central Ohio in the Hocking Hills. Camp Lionheart is in it's 14th year of existence providing grief support, compassion, trauma-focused counseling, and lots of fun to children suffering the death of parent or sibling. For more information on Camp Lionheart, please visit: <http://www.camplionheart.org>.



Date: February 17th, 2022

Time: 7:00 - 9:00 PM EST

Registration Fee: \$20.00 per person

Pre-registration: www.cofaf.org

Certificates of Attendance available!

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