

# The following pages contain confidential information.

Adult clients: please only fill out the Adult Intake forms.

For clients under the age of 18: Please have parent/legal guardian fill out only the Child/Teen intake forms.

Thank you!

# CLIENT INTAKE FORM: ADULT

Date: \_\_\_\_\_

**Please print the following information.**

Client Name: \_\_\_\_\_ Client \_\_\_\_\_ Client \_\_\_\_\_

Client SSN: \_\_\_\_\_ Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State \_\_\_\_\_

\_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_

Cell: \_\_\_\_\_ May we leave a message via phones?: Yes  No

Home: \_\_\_\_\_ May we contact you via email?: Yes  No

Gender/Gender Identity: \_\_\_\_\_

## Emergency Contact Information:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_

## Therapy/Counseling History:

Are you currently in therapy or counseling? Yes  No

Counselor Name: \_\_\_\_\_ Agency Name: \_\_\_\_\_

Reason: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_ Permission to Contact: Yes  No

Have you ever been in counseling before? Yes  No

When: \_\_\_\_\_ Agency Name: \_\_\_\_\_

Reason: \_\_\_\_\_

\_\_\_\_\_

## Employment

Place of employment: \_\_\_\_\_

Phone number: \_\_\_\_\_

**Medical History**

Physician Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

List any health issues or medical diagnoses, or disabling conditions:

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Medication Name	Dosage (mg/daily)	Dates Taken	Purpose

**Military Service**

Are you currently serving or have you served in the military? \_\_\_Y \_\_\_N If so, please describe:

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What brings you to counseling or psychotherapy?

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Please do your best to express to me what it feels like to be you on any given day...

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What changes do you want to see as a result of treatment?:

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**Client's Relationship Status:**

Please describe any past or current relationship status:

**Concurrent Stressors and Symptoms:**

<input type="checkbox"/> Depressed Mood <input type="checkbox"/> Worry/rumination <input type="checkbox"/> Feelings of shame <input type="checkbox"/> Feelings of Guilt <input type="checkbox"/> Fatigue/Low Energy <input type="checkbox"/> Poor Concentration <input type="checkbox"/> Irritability/Anger <input type="checkbox"/> Substance Abuse <input type="checkbox"/> Anxiety <input type="checkbox"/> Hopelessness <input type="checkbox"/> Emptiness <input type="checkbox"/> Social Isolation <input type="checkbox"/> Worthlessness <input type="checkbox"/> Loss of pleasure in hobbies <input type="checkbox"/> Appetite gain/loss <input type="checkbox"/> Weight Loss <input type="checkbox"/> Weight Gain <input type="checkbox"/> Intense Crying <input type="checkbox"/> Recurring thoughts/images <input type="checkbox"/> Feelings of Panic <input type="checkbox"/> Difficulty controlling emotions <input type="checkbox"/> Loneliness <input type="checkbox"/> Memory Problems <input type="checkbox"/> Disorganized Thoughts <input type="checkbox"/> Thoughts of Suicide	<input type="checkbox"/> Disordered Eating <input type="checkbox"/> Chronic Pain or disease <input type="checkbox"/> Financial Problems <input type="checkbox"/> Sexual trauma <input type="checkbox"/> Employment Stress <input type="checkbox"/> Lack of Emotional Support <input type="checkbox"/> Infidelity <input type="checkbox"/> Childhood trauma <input type="checkbox"/> Hypersensitivity <input type="checkbox"/> "zoning out" <input type="checkbox"/> Physical Abuse <input type="checkbox"/> Sexual abuse <input type="checkbox"/> Emotional/Mental Abuse <input type="checkbox"/> Seeing or hearing unusual things <input type="checkbox"/> Sexual dysfunction <input type="checkbox"/> Fainting <input type="checkbox"/> Compulsions <input type="checkbox"/> Developmental Disabilities <input type="checkbox"/> Temper Outbursts/rage <input type="checkbox"/> Body Pains or problems <input type="checkbox"/> Fears/Phobias <input type="checkbox"/> Suicide attempts/dates:	<input type="checkbox"/> Divorce or Separation <input type="checkbox"/> Problems with attachment <input type="checkbox"/> Adoption <input type="checkbox"/> Recent death <input type="checkbox"/> Communication problems <input type="checkbox"/> Losing time/blackouts <input type="checkbox"/> Sleep too much <input type="checkbox"/> Sleep too little <input type="checkbox"/> Recent traumatic event <input type="checkbox"/> Fertility struggles <input type="checkbox"/> Helplessness <input type="checkbox"/> Feeling disconnected <input type="checkbox"/> Life transition <input type="checkbox"/> Seizures <input type="checkbox"/> Emotional numbness <input type="checkbox"/> Death/Loss <input type="checkbox"/> Loud, Negative Thoughts <input type="checkbox"/> Nightmares <input type="checkbox"/> Uncontrolled emotions <input type="checkbox"/> Grief <input type="checkbox"/> LGBTQ+ Exploration <input type="checkbox"/> Gender Identity <input type="checkbox"/> Trans: _____ <input type="checkbox"/> Problems with relationships (add):	<input type="checkbox"/> Other (add):
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Has anyone ever told you that they were worried you had a problem with alcohol and/or drugs? Please explain: \_\_\_\_\_

**Family History of Mental Illness and/or traumatic events (known or suspected):****Client Signature: (by signing below I am stating that all above info I know to be true at this time):**\_\_\_\_\_  
Client Signature\_\_\_\_\_  
Date

# CLIENT INTAKE FORM: CHILD/TEEN

Date: \_\_\_\_\_

**Please print the following information.**

Name of Child : \_\_\_\_\_ Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_

SSN of child: \_\_\_\_\_ Gender/Gender Identity: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

\_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_

Adult cell: \_\_\_\_\_ May we leave a message via phone?: Yes  No

Adult home: \_\_\_\_\_ May we email parent/guardian?: Yes  No

Are you the Parent and/or Legal Guardian of child? Yes  No

## Emergency Contact Information:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_ SSN of parent: \_\_\_\_\_

Is child currently in therapy or counseling? Yes  No

Counselor Name: \_\_\_\_\_ Agency Name: \_\_\_\_\_

Reason: \_\_\_\_\_

Phone: \_\_\_\_\_ Permission to Contact: Yes  No

## Therapy/Counseling History:

Has child ever been in counseling before? Yes  No

When: \_\_\_\_\_ Agency Name: \_\_\_\_\_

Reason: \_\_\_\_\_

**Please state in your own words why the child is being brought for treatment:**

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<b>Medical History</b>
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Physician Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

List any health issues: \_\_\_\_\_

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Medication Name	Dosage (mg/daily)	Dates Taken	Purpose

Please list any developmental difficulties:

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What changes do you wish to see as a result of the child's treatment?:

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Known or suspected **trauma, abuse** (physical, sexual, emotional, verbal, mental), **neglect or abandonment** of the child:

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Is the child currently safe? \_\_\_\_\_

<b>Child Problem Areas/Areas of Concern</b>
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Symptoms
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<input type="checkbox"/>	Sadness:	
<input type="checkbox"/>	Anger/irritability:	
<input type="checkbox"/>	Guilt:	
<input type="checkbox"/>	Fear:	
<input type="checkbox"/>	Shame:	
<input type="checkbox"/>	Panic/anxiety:	
<input type="checkbox"/>	Loneliness:	
<input type="checkbox"/>	Hopelessness:	
<input type="checkbox"/>	Helplessness:	
<input type="checkbox"/>	Emptiness:	
<input type="checkbox"/>	Numbness/lack of feelings:	
<input type="checkbox"/>	Worthlessness:	
<input type="checkbox"/>	Depression:	
<input type="checkbox"/>	Regression:	
<input type="checkbox"/>	Withdrawn:	
<input type="checkbox"/>	Clinging Behavior:	
<input type="checkbox"/>	Language issues:	
<input type="checkbox"/>	Gender Identity/Exploration:	
<input type="checkbox"/>	Disruptive at home or school:	
<input type="checkbox"/>	Substance use:	
<input type="checkbox"/>	Absence from school:	
<input type="checkbox"/>	Fears/phobias:	
<input type="checkbox"/>	Hyperactivity :	
<input type="checkbox"/>	Sleep changes:	

<input type="checkbox"/>	Suicide attempts:	
<input type="checkbox"/>	Temper/outbursts:	
<input type="checkbox"/>	Self harming behavior:	
<input type="checkbox"/>	Suicidal thoughts/ideas/words:	
<input type="checkbox"/>	Separation anxiety:	
<input type="checkbox"/>	Confusion/memory issues:	
<input type="checkbox"/>	Zoning-out/blackouts:	
<input type="checkbox"/>	Hearing voices or "seeing things":	
<input type="checkbox"/>	Body image struggles:	
<input type="checkbox"/>	Lack of concentration/focus:	
<input type="checkbox"/>	Adoption:	
<input type="checkbox"/>	Significant Personality changes:	
<input type="checkbox"/>	Medical trauma:	
<input type="checkbox"/>	Recent traumatic event:	
<input type="checkbox"/>	Changes in relationships with family/friends/school:	
<input type="checkbox"/>	"Scary" or negative thoughts, images, etc.	
<input type="checkbox"/>	Recent death/loss or unresolved grief:	
<input type="checkbox"/>	Social isolation:	
<input type="checkbox"/>	Difficulty with attachment:	
<input type="checkbox"/>	Wetting/soiling:	
<input type="checkbox"/>	Eating Problems :	
<input type="checkbox"/>	Sleeping Problems :	
<input type="checkbox"/>	Hygiene issues:	
<input type="checkbox"/>	Somatic/Body Complaints (sick):	
<input type="checkbox"/>	Seizures:	
<input type="checkbox"/>	Other:	



<b>Family Structure</b>
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*Family Members at Home*

Name	Relationship	Age

*Family Members Not at Home*

Name	Relationship	Age

<b>Family History of Mental Illness and/or traumatic events (known or suspected):</b>
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<b>Any additional information regarding child's current state and functioning, continue on back:</b>
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<hr/> <b>Client Signature</b>	<hr/> <b>Date</b>
<hr/> <b>Custodial Parent/Legal Guardian Signature</b> (By signing, I confirm that all legal custodial parents are aware child is receiving treatment)	<hr/> <b>Date</b>