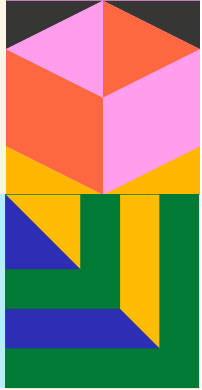


Disorganized Attachment, Relational Wounds, and the Treatment of Developmental Trauma



Presented by:	Kristen Santel, LISW-S Santel & Kerr LLC (with Michelle Jordan Frias, LISW and Danielle Weatherholtz, LPCC-S)
Date and Location:	Thursday and Friday, October 12th and 13th, 9:00a-4:30p BMI Federal Credit Union, Dublin, OH <u>In-person only</u>
Register:	Please visit www.santelandkerr.com

Adults, children, and adolescents having experienced complex, developmental and relational trauma, attachment wounds, abandonment, and dissociation often struggle with disorganized attachment challenges and relational distress.

11.5 CEUs will be provided through the State of Ohio Counselor, Social Worker, and Marriage and Family Therapist Board

In this training you will receive:

- An overview of working theory, psychoeducation, and research on complex and developmental trauma, attachment theory, and disorganization in adults, children, and adolescents.
- Multiple models and theories that address the neurobiology, etiology, assessment techniques, and differential diagnoses for developmental trauma and disorganized attachment.
- Multiple strategies and therapeutic implementations will be explored in working with adults, adolescents, and children with disorganized attachment, dissociation, and attachment trauma.
- A deepening of the knowledge base around the necessity of the moment-to-moment assessment of the attachment system in treatment, and effective and supportive psychotherapeutic modalities and interventions as clients manage the healing of attachment wounds.
- Exploration and management of the unavoidable transference and countertransference between client and therapist in the treatment of disorganized attachment, and concepts of secondary wounding.
- Insight and exploration into systemic, intergenerational, and cultural trauma, working with marginalized populations, pitfalls in working in the attachment system, barriers to treatment, and what-not-to-dos.
- EMDR, Internal Family Systems, and other psychotherapies will be mentioned and explored as interventions and this seminar is open to all licensed mental health providers. No specific credits for certification in any one psychotherapeutic modality will be available.

Schedule:**Thursday, October 12th:**

- **9:00a-12:00p**
 - An overview of working theory, psychoeducation, and research on complex and developmental trauma, attachment theory, and disorganization in adults, children, and adolescents. Neurobiology, neurophysiology, etiology, assessment techniques, infant mental health, the development of self, and differential diagnoses for developmental trauma and disorganized attachment.
 - 15 minute break at 10:30a
- **12:00-1:00p:** Lunch on your own
- **1:00p-4:30p:** Multiple strategies and therapeutic implementations in working with adults, adolescents, and children with disorganized attachment, dissociation, and attachment trauma. A deepening of the knowledge base around the necessity of the moment-to-moment assessment of the attachment system in treatment, and effective and supportive psychotherapeutic modalities and interventions as clients manage the healing of attachment wounds. Questions and case conceptualizations.
 - 15 minute break at 2:30p

Friday, October 13th:

- **9:00a-12:00p**
 - Questions from prior day. Insight and exploration into systemic, intergenerational, and cultural trauma, working with marginalized populations, pitfalls in working in the attachment system, barriers to treatment, and what-not-to-dos. Deepening the understanding of brain and body based trauma and managing regulatory functions (Michelle Jordan Frias, LISW, Danielle Weatherholtz, LPCC-S).
 - 15 minute break at 10:30a
- **12:00p-1:00p:** Lunch on your own
- **1:00p-4:00p:** Exploration and management of the unavoidable transference and countertransference between client and therapist in the treatment of disorganized attachment, and concepts of secondary wounding. Psychotherapeutic interventions, EMDR, Internal Family Systems, sandtray, Structural Dissociation Theory, Gestalt, expressive arts, and other modalities will be mentioned and explored. Questions and survey.
 - 15 minute break at 2:30p

About the Speaker: Kristen Santel, LISW-S

Kristen is an LISW-S in Ohio and an LCSW through the State of Arizona with over 20 years of clinical practice. Kristen has a specialty in working with adults, children and teens managing complex and developmental trauma, PTSD, traumatic grief, attachment and relational trauma, relationship issues, and dissociative disorders. Kristen is an adult adoptee and has a strong focus of practice with the adoption and foster care community, child and adult adoptees, and developmental attachment in both childhood and into adulthood.

Kristen is a Level II EMDR Psychotherapist with Advanced and Master Class Training in Attachment and Somatic Psychotherapy, a certified hypnotherapist with American Society of Clinical Hypnotherapy,

and a Certified Trauma Practitioner with the National Institute for Trauma and Loss in Children, as well as having extensive training in IPNB (Interpersonal Neurobiology) and Psychoanalysis, Structural Dissociation Theory and Internal Family Systems Therapy. She is also the Clinical Director of Camp Lionheart, a free, week-long overnight summer camp for grieving children, here in Central Ohio in the Hocking Hills for over 17 years.

Kristen specializes in the supervision and consultation of other therapists and professionals in the community, looking to grow their expertise in the areas of trauma and attachment.